



Beyond BOW Course Offerings 2021-2022

November 11th – 14th, 2021 Off Grid: Sled Dog Fall Training

The weekend takes place at the Points Unknown homestead in the remote north woods of Minnesota's Arrowhead Region. It is led by BOW dog sledding instructor, Linda Newman. You will be immersed in Linda's off-grid lifestyle with her sled pets as you learn how to and participate in fall training for the sled dogs which involves wheels instead of a sled. This weekend is all about dogs!

- Limited to **FOUR** participants
 - Fee - **\$795** that includes lodging in the Points Unknown Guest Suite and all instruction. There will be collaborative cooking (potluck) to keep your cost down.
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February 3rd – 6th, 2022 February 24th – 27th, 2022

Dog Mushing! Women's Winter Adventure - Grand Marais/Hovland

This off grid adventure is for those who want to actively participate in every aspect of their experience with the highlight being learning to run your own small team of sled dogs through miles of beautiful trails in the remote wilderness of northern Minnesota. Step by step instruction is



provided and there is an atmosphere of encouragement, support and team work. For details visit <http://www.points-unknown.com/women> .

- Limited to **FOUR** participants
- Fee - **\$1295** that includes lodging in the Points Unknown Guest Suite, all instruction and all natural home cooked meals.

April 21st – April 24th 2022

Off Grid: Lifestyle Immersion

This weekend takes place at the Points Unknown homestead in the remote north woods of Minnesota's Arrowhead Region. It is led by BOW dog sledding instructor Linda Newman. You will be immersed in Linda's off-grid lifestyle and will participate in every aspect that includes her sled dogs and beeswax candle making. This is also maple tapping season so, Mother Nature willing, you will help Linda collect maple sap and cook it into syrup. This is your adventure so Linda will speak with each of you about your desires for the weekend and make sure you're able to experience what you'd like to of her off-grid lifestyle.

- Limited to **SIX** participants
- Fee - **\$595** that includes lodging in the Points Unknown Bed & Sled/Hostel and all instruction. There will be collaborative cooking (potluck) to keep your cost down.



Late Summer 2022

Women's Mindful Paddle and BWCA Camp Out for Beginners

The pricing is \$1550 with a minimum of 4 and maximum of 6. It includes the following:

- A stay in the Points Unknown Guest Suite on the nights before and after.
www.points-unknown.com/bedsled
- Points Unknown's Mindful Guide Services with canoes, paddles and PFDs.
www.points-unknown.com/minful_paddle_hike
- FOUR days of BWCAW paddling
- THREE nights spent in the BWCAW
- All meals from arrival to departure
- Limited gear to fill the gaps such as sleeping pads. We'll touch base with each of you to see what you may be missing and we'll help as we can
- A Points Unknown Sled Dog Kennel tour and cuddle time with the sled dogs while staying in the guest suite
- Support, camaraderie, fun, relaxation, reflection

The adventure's home base is at the Points Unknown homestead in the remote north woods of Minnesota's Arrowhead Region. It is led by BOW dog sledding instructor, Linda Newman and Windcradle's Mary Ellen Ashcroft, Author, former English Professor, current creative writing instructor for the Grand Marais Art Colony and 25+ year canoe guide. We will stay the first night in the Points Unknown Guest Suite and then head up the Arrowhead Trail to the least utilized entry point into the BWCAW for FOUR days of paddling and THREE nights of camping out to return for the final night in the Points Unknown Guest Suite.